

Detoxification has been proven to greatly alleviate the following conditions:

- Fatigue
- Digestive Disorders
- Constipation
- Obesity
- Skin Problems
- Lowered Immunity
- Headaches
- Depression
- Addictions
- Hormonal Imbalances
- Poor Concentration
- Rheumatism
- Allergies
- High Blood Pressure
- Insomnia
- Aches and Pains
- Inflammation
- Body Odour



Find relief with...
BYRON BAY
Detox Retreats



We look forward to assisting you to strengthen your foundation for health, happiness and vitality.



CONTACTS

www.byronbaydetoxretreats.com.au
info@byronbaydetoxretreats.com.au

Natalie
0458 633 869

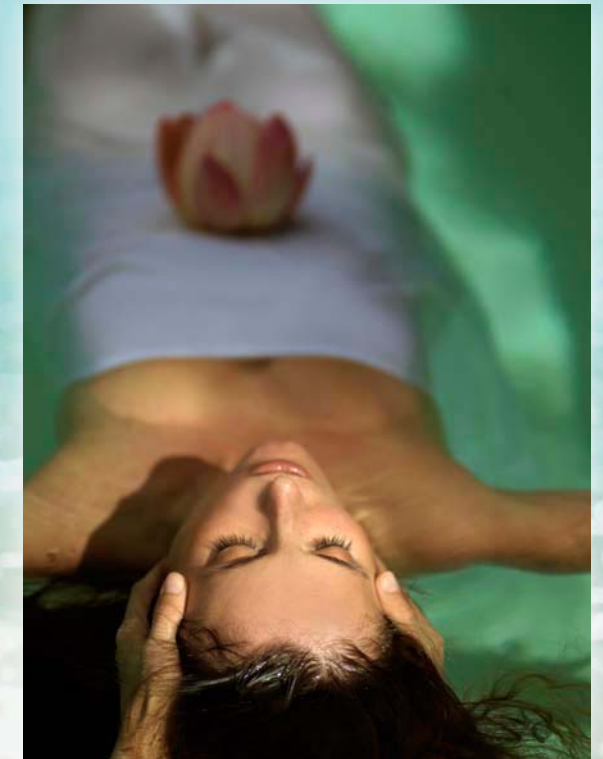
natalie@byronbaydetoxretreats.com.au

Sarah
0458 733 869

sarah@byronbaydetoxretreats.com.au



BYRON BAY
Detox Retreats



“The road to health is one that begins with an understanding and commitment to cleanse and detoxify the body, to restore balance, peace and harmony.”

Dr Bernard Jensen D.C. ND Ph.D



The first mobile
Naturopathic Clinic with Colonic Hydrotherapy Unit
in Australia is unique and innovative to
Byron Bay Detox Retreats.



We provide the space in which one can let go of all the toxic build up, on the physical, mental, emotional and spiritual levels, allowing your true spirit to shine so you can experience the joys of vibrant health and harmony.

Cleanse your body and let the healing begin in the heart of every cell.

Your Personalised Byron Bay Detoxification Program can include:

- ⚙ Consultations and Customised Treatments delivered by Qualified Health Professionals
- ⚙ Naturopathic Health Analysis; urinalysis, gastrointestinal testing and blood pressure monitoring
- ⚙ Fasting with alkalised ionised water, organic juices, mineral broths, herbal teas, nutraceuticals and herbal supplements
- ⚙ Colonic Hydrotherapy; Infrared Sauna and Parasite, Liver and Heavy Metal Cleanse
- ⚙ Massage, Bodywork and Organic Skin Care Treatments
- ⚙ Yoga, Meditation, Sound Healing and Peacewalks
- ⚙ Spiritual Counselling and Purification Rituals

Discover the Health Benefits of...

- Renewed Energy and Vitality...
- Natural Weight Loss... Breaking Addictions...
- Reduced Effects of Ageing...
- Healthier, Clearer Complexion and Mind...
- Improved Digestion... Spiritual Growth...



Your Personally Facilitated Detoxification Program can be experienced in the setting to suit your individual comfort and ease

Choose from:

- ⚙ Residential Group Detox Retreats at Beautiful Beachfront and Hinterland Byron Bay Sanctuaries.
- ⚙ Exclusive Personal Retreats or Consultations at your Holiday Accommodation or Residence. We Come to You.
- ⚙ Cost Effective Local Community Detox Support Regularly Available at Specified Locations. Enquiries Welcome.

Natalie Purcell (B.Nat, I-ACT)



Detoxification is Natalie's personal passion. She believes it to be the foundation of good health, vital for the maintaining, strengthening and restoring of the body, mind and spirit's natural balance.

Natalie has a Bachelor of Naturopathy specialising in Nutrition, Phytotherapy, Homoeopathy and Massage. She is an Internationally Certified Colonic Hydrotherapist with 12 years personal experience in colonic hydrotherapy, cleansing and detoxification.

Sarah Foley (B.Nat, B.Bus, I-ACT)



Sarah believes in the power of the butterfly effect, that small changes made consistently over a period of time can produce dramatic results, that not only affect our lives, but also lead to transforming the world.

Sarah is an Internationally Certified Colonic Hydrotherapist and has a Bachelor of Naturopathy specialising in Kahuna Bodywork, Nutrition, Phytotherapy, Homoeopathy, Iridology and Live Blood Analysis. She is one of the Resident Naturopath's at the award winning Gaia Retreat and Spa.

Awaiting you in good health and open heart

